



NEW MATCH BASH

A NIGHT FOR NEW MATCHES

Hi, Everyone!!

In this packet of resources, you will find instructions on how we accomplish the various activities during our New Match Bash event.

You are welcome to use any of these ideas as ways to connect virtually with your Little.

Don't feel like you have to accomplish all of them in one setting—virtual engagement is much more difficult because of distractions



Pick one activity that you feel like your Little would really enjoy and start there!

We are here to help guide you, so please feel free to reach out to Stephanie or Julia at activities@bbbsci.org with any additional questions, ideas, or issues you might have.

Also, once we are allowed to host group in-person events, you'll be invited to attend a group version of New Match Bash as well.

Hang in there—You got this!!

Stephanie Sachs & Julia Black

ENERGIZERS

THE NAME GAME

OBJECTIVE

To facilitate introductions and gain confidence within the group.

MATERIAL

No materials needed

INSTRUCTIONS

Introduce yourself by adding an adjective that starts with the first letter of your name. Example: If your name is Carla you would choose an adjective that starts with a C, ie. Creative Carla.

WOULD YOU RATHER

OBJECTIVE

Continue to allow the group to get to know one another in a fun and comfortable setting.

MATERIALS

Would You Rather card set, or other Would You Rather questions.

INSTRUCTIONS

Have each match stand up. Question 1 walk to the left side of the room and question 2 walk to the right side of the room. Would you rather have pink hair (to the left) or would you rather have blue hair (to the right).

NEW MATCH BASH: WOULD YOU RATHER??

Everybody plays.

- **Would you rather be able to control time or to control the weather?**
- **Would you rather be able to visit the moon or go on an around the world cruise?**
- **Would you rather be invisible for a day or able to fly for a day?**
- **Would you rather have a pet dragon the size of a cat or a pet cat the size of dragon?**

Bigs guess what Littles Answers will be.

- **Would you rather be really fast or really strong?**
- **Would you rather be instantly able to play a musical instrument or instantly able to speak a foreign language?**
- **Would you rather have a rewind button for your life or a pause button for your life?**

Littles guess what Bigs Answers will be.

- **Would you rather have a unicorn's horn or a horses tail?**
- **Would you rather live without music or without television?**
- **Would you rather, for the rest of your life, have Cheeto fingers or Oreo teeth?**

One Last Round Everyone gets to choose.

- **Would you rather find a hundred spiders in your room or one tiger?**

ABOUT ME

OBJECTIVE

Allows the Big and Little to get know one another through participating in a simple activity together.

MATERIALS

“About me” worksheets, pens, markers, crayons, or colored pencils.

INSTRUCTIONS

- Ask the Big and Little to fill out the “About me” worksheet. Bigs and Littles can draw a picture of their answer or write out their answer.
- When Bigs and Littles complete their worksheets have them tell each other about themselves. Give the Bigs and Littles time to also share their interests with their tables.
- Optional: Have Bigs/Littles share something with the group about their match.

ALL ABOUT ME!



Name: _____
Birthday: _____

My Favorite Color:



A Few of My Favorite Things!

Animal: _____

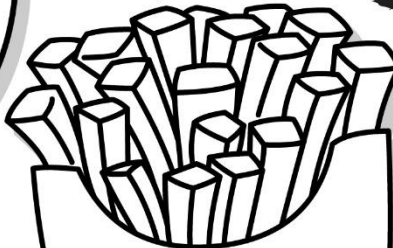
Hobby: _____

Song: _____

Number: _____

My Favorite Quote:

My Favorite Food:



My Favorite
Movie or TV Show:

My Favorite
Subject(s):

My Favorite Book:



MENTOR RELATION-SHIP

OBJECTIVE

To help Bigs and Littles understand what is important to their Big/Little in a relationship

To increase each participant's role in their relationship

MATERIALS

Construction paper "ship" (see Example)

Supplies for the Relation-Ship (see "Supplies for the Relation-Ship" handout)

Markers/crayons

INSTRUCTIONS

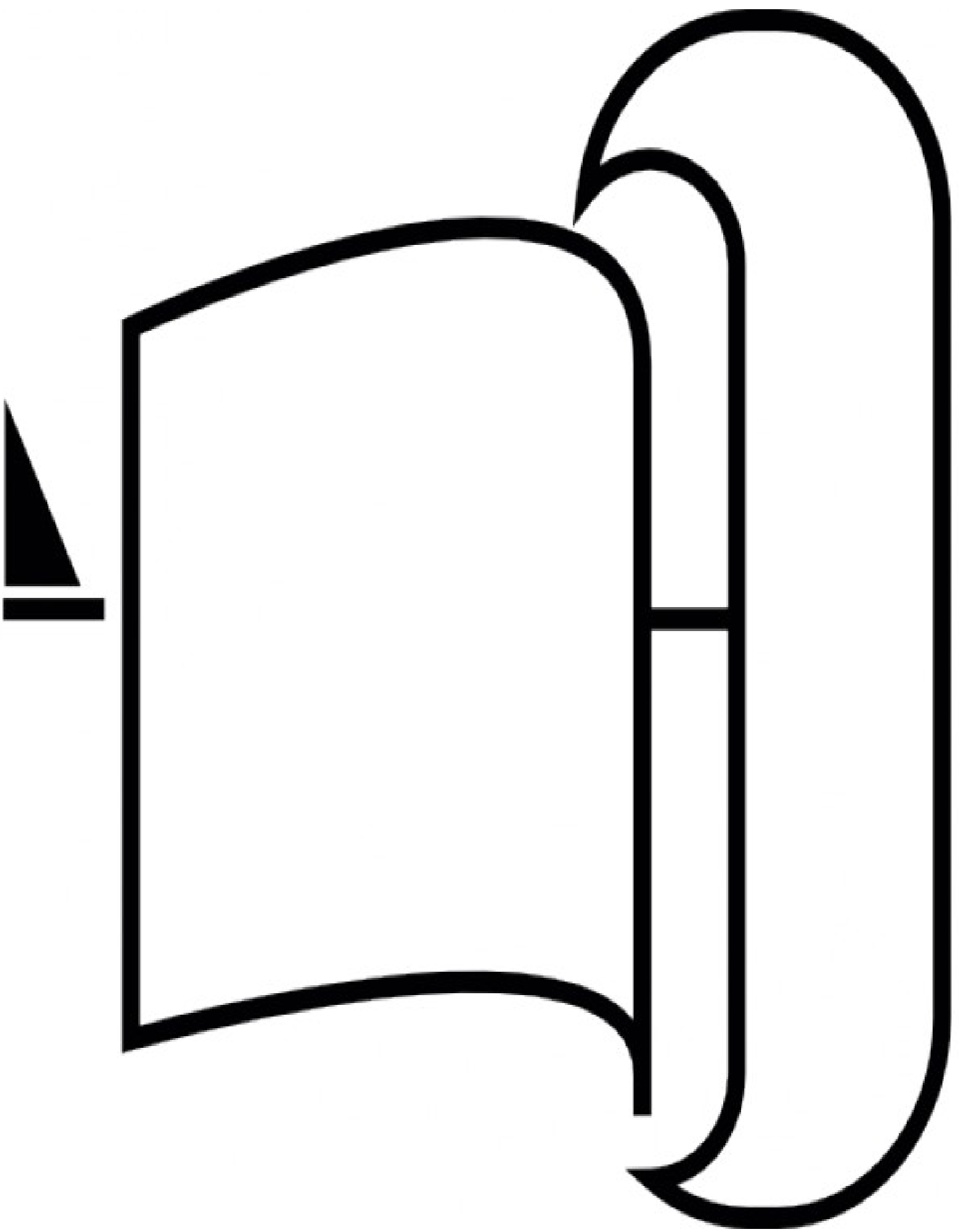
- Explain that all Littles and Bigs are different and want different things out of a relationship. They bring different skills, personalities, traits, interests, and backgrounds.
- Explain that it is useful to understand that both Bigs and Littles have different things that are important to them. No two relationships are alike.
- State that each match is going to go on a trip on the mentor Relation-Ship. Using the "Supplies..." handout, each match will pick out characteristics that are important to them in a relationship. Each characteristic will be assigned a certain "weight." The ship must add up to 200 lbs.
- *Optional:* Once everyone has finished, ask the Bigs and Littles to share their relationships with their table:
 - What qualities did each match include in their Relation-Ship?
 - What are some of the similarities among the matches at your table?
 - What are some of the differences among the matches at your table?
 - Did you learn anything new about your Big, Little, or other matches?
- Ask Bigs and Littles to share their Relation-Ship with the whole group.

SUPPLIES FOR THE RELATION-SHIP

Your Relation-Ship can only hold 200 lbs.

Pick the most important supplies that you will need for a good relationship with your Big Brother or Big Sister and write them on your ship.

<p>Each of these items weighs 30 lbs:</p> <ul style="list-style-type: none">● Listens to me● Good sense of humor● Friendly and outgoing● I feel safe around them● Likes to do fun activities● Cares about me● Gives me good advice● Is nice to me● Likes me for who I am● Thinks I'm important	<p>Each of these items weighs 25 lbs:</p> <ul style="list-style-type: none">● Dependable● Honest● Smart● Considerate● Enthusiastic● Quiet● Adventurous● Stylish● Encouraging● Helpful
<p>Each of these items weighs 20 lbs:</p> <ul style="list-style-type: none">● Helps me with my homework● Has the same hobbies I do● Is open to new ideas● Can explain things well● Nonjudgmental● Do fun things together	<p>Each of these items weighs 15 lbs:</p> <ul style="list-style-type: none">● Likes sports● Likes the same music I do● Likes going to the movies● Likes video games● Thinks religion is important● Likes trying new things● Let's me decide what we do
<p>Each of these items weighs 10 lbs:</p> <ul style="list-style-type: none">● Remembers my birthday● Writes me notes● Helps me learn more about careers● Enjoys being active● Tells funny stories●	<p>Each of these items weighs 5 lbs:</p> <ul style="list-style-type: none">● Likes to shop● Likes cartoons● Has cool clothes● Has tattoos● Likes pizza●



VISION BOARD

OBJECTIVE

Creating a vision board is a fun and creative way for you to become clear on your dreams and desires and transform them into reality.

MATERIALS

Plain paper or construction paper

Pencils, crayons, markers

Magazines

Scissors

Glue

Stickers

Construction paper

INSTRUCTIONS

- Explain that creating a vision board is a fun and creative way for you to become clear on your dreams/desires and transform them into reality. One of the most powerful aspects of a vision board is that you create a visual representation of your dreams and desires helping you to put your attention on what you want to bring into your life. According to an article by Huffpost.com seeing your goals and dreams daily will help drive you to achieve them. Learn more here: https://www.huffpost.com/entry/the-scientific-reason-why_b_6392274
- Instruct Bigs & Littles to work together to create their own vision board for their match relationship.
- Brain storm what you want your Vision Board to look like.
- Think about the following:
 - Goals for your relationship
 - What activities would you like to do together?
 - How can you help each other?
 - What do you want to learn about each other?
 - What are ways that you can communicate with one another?
 - How can you grow over the next year together?
 - Do you have individual goals that you would like to work on?
- Use the provided materials to make your very own Vision Board.
 - You can use magazines to cut out pictures or quotes.
 - Stickers and drawings as embellishments
 - Anything that makes you feel great